



Complexe Christian D'Oriola © INSEP

SPORT FACILITY - INDOOR

Christian D'Oriola Complex

📍 12 avenue du Tremblay
75012 Paris

Inaugurated in 2010 by Roselyne Bachelot-Narquin, this 12,476 sq.m complex covers five disciplines and includes hydro-recovery, weight training and performance support spaces.

PRESENTATION:

TOTAL SURFACE AREA

12 476 m²

DISCIPLINES ACCOMMODATED

- > [Wrestling](#)
- > [Fencing](#)
- > [Gymnastics](#)
- > [Taekwondo](#)
- > [Modern pentathlon](#)
- > Multisports (weights)

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FACILITIES

- A 712m² rhythmic gymnastics hall
- A 1,432m² artistic gymnastics hall for the six pieces of men's apparatus (floor, pommel horse, rings, vault, parallel bars, and horizontal bar) and the four pieces of women's apparatus (vault, asymmetric bars, beam, and floor)
- A 200m² dance studio
- Three fencing rooms (épée, foil and sabre) – 42 strips (14 per type of weapon) – a 57m² specialist weights room
- A 900m² wrestling gym with six fight areas, a 110-seater grandstand, two locker rooms each equipped with a hot bath (jacuzzi) and a sauna
- A 820m² taekwondo gym with four contest areas, two locker rooms each equipped with a hot bath (jacuzzi), a sauna and a separate weights room
- A 577m² weights room with four zones equipped with over 80 machines
- A balneotherapy area with two hot baths and two cold baths

LOCALISATION



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Vue plan



